

# Body Language

## Mastering the Silent Language of the Subconscious Mind

Communication is the key to success in every aspect of life, and your body language is the locksmith, that forges the key. Amazingly, as little as 3% of your message is communicated by what you say, and the remaining 97% is determined by what your body does as you are saying it. Even on the phone 80% of your message is conveyed nonverbally. This silent language is the powerful hidden communicator which supports or negates your verbal message, and the body never lies. In addition to providing clues about your integrity and honesty, your body language also communicates your trustability, likeability, authority and power. This action packed participatory workshop will transform your relationships and improve your ability to ask for and get what you need from others—without saying a word.

***Do you know what your body is saying?***

This fun and action packed workshop can be customized for your group or organizations and will transform all your interactions. Now it is easy to laugh your way to better, more effective communication skills as you:

- Build and improve all personal and professional relationships.
- Empower your words.
- Learn the 5 gestures that build loyalty and increase sales.
- Experience the 3 behaviors that will make you successful or cause your failure.
- Master the art of gaining command of business and/or social situation without saying a word.
- Practice the single most important way you communicate your confidence and competence.
- Identify the three sure fire ways to tell someone isn't telling you the truth.
- Understand how cultural variations impact effective nonverbal communication.
- Use your body to increase confidence as you decrease stress.
- Identify the tones, gestures and nonverbal signals that determine up to 93% of your message

**Financial Investment:** \$\_\_\_\_\_ in advance and \$\_\_\_\_\_ at the door.

Get an advanced copy of \_\_\_\_\_ for only \$\_\_\_\_\_ at time of registration (\$\_\_\_\_\_ at the workshop).

Heather is available for private sessions.

Call \_\_\_\_\_+\_\_\_\_\_ for more information or call Heather at 219-662-7248 or register online at [www.heatherharder.com](http://www.heatherharder.com).

### Heather Anne Harder, Ph.D.

Heather is recognized for her transformational results through the integration and application of spiritual, personal and professional truths in everyday life. Heather's wide range of expertise makes her a popular presenter on business, education, personal growth, and spiritual topics and can easily tailor any workshop to meet your group's unique needs. To learn more about Heather go to [www.heatherharder.com](http://www.heatherharder.com). Or join Heather on a sacred trek to Egypt check out [www.ExperienceEgyptNow.com](http://www.ExperienceEgyptNow.com). She can be contacted at [heather@heatherharder.com](mailto:heather@heatherharder.com) or by phone at 219-663-8282.



### REGISTER TODAY:

Time:

Day & date:

Location